

# Canmore Nordic Ski Club – Spring Training Registration 2008

**Mail to:** Box 8383, Canmore, AB T1W 2V2 **or drop off:** 169 Carey [www.canmorenordic.com](http://www.canmorenordic.com)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Mailing Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

E-mail \_\_\_\_\_ (PLEASE PRINT CLEARLY)

Medical conditions \_\_\_\_\_ Medications \_\_\_\_\_

## Fee Breakdown

|  | Program Fee | TOTAL |
|--|-------------|-------|
| Spring Training Program – 2 days/week Tu & Th/am/pm<br><b>2 hour sessions</b>  | \$250       |       |
| Spring Training Program – 1 day/week Tu or Th/am/pm<br><b>2 hour sessions</b>  | \$150       |       |
| Get Fit Spring Training – 1 day/week Wed am/pm,<br><b>1.5 hour sessions</b>  | \$100       |       |
|  |             |       |
| <b>CLUB MEMBERSHIP REQUIRED</b><br><small>*includes CCA membership, 10% discount at Trail Sports and on Nordic Centre Trail Pass.*</small> |             |       |
| Family (3 or more family members)  | \$30        |       |
| Adult (18-65)  | \$20        |       |
| Senior   | \$10        |       |
| <b>Total</b>   |             |       |

## Make Cheques Payable to the Canmore Nordic Ski Club

### Waiver

I hereby agree to abide by the rules and regulations of Cross Country Canada, Biathlon Canada and their corresponding provincial bodies. In consideration of Cross Country Canada, Alberta Division and the Canmore Nordic Ski Club acceptance of me as a registered member of the Associations events, activities and games, I hereby, for myself, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless Cross Country Canada, Alberta Division and the Canmore Nordic Ski Club, its directors, officers, employees, representatives or agents from injury or losses I may sustain as a result of participating in a sanctioned or club event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

### **For Registrar use ONLY**

|             |                         |        |
|-------------|-------------------------|--------|
| CNSC member | Other amounts on cheque | Copied |
|-------------|-------------------------|--------|