

PRESS RELEASE

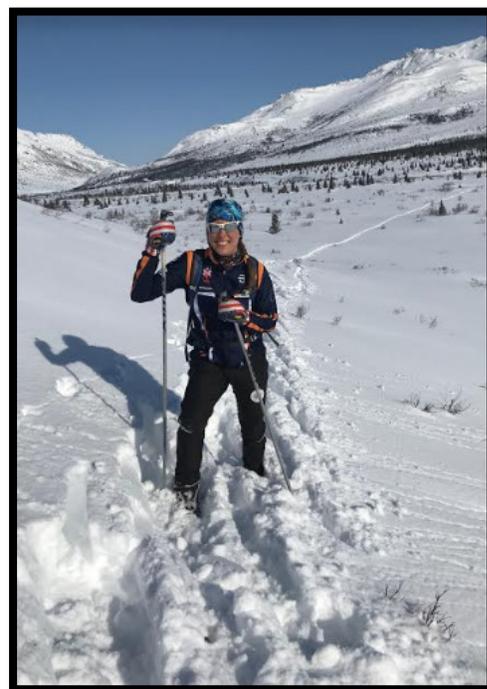


May 25, 2018

The Canmore Nordic Ski Club (CNSC) is very happy to announce Hilary Saucy will be joining the coaching team for the club. Hilary brings experience in coaching and competition from recent coaching positions at the Fairbanks Nordic Ski Club and as head coach for the Lathrop HS Ski Team for the past two years. Prior to her coaching years, Hilary skied for the University of Maine at Presque Isle on the EISA circuit and completed a degree in Exercise Science. Prior to college, racing on the NorAm Biathlon circuit also provides valued biathlon experience to the position.

Hilary will primarily coach the Train to Train program. Hilary has extensive coaching experience with junior athletes and is ideally suited to this role within the CNSC coaching team.

Please join us in welcoming Hilary to Canmore and the CNSC!



The Canmore Nordic Ski Club (CNSC) has been in existence for more than 25 years and formally organized under the provisions of the Alberta Societies Act for more than 15 years. The Club has an active membership of roughly 600 members year in and year out. The typical breakdown is 350 children involved in Jackrabbits through Junior racing programs, 20 adults involved in adult training, 150 adults taking skill improvement courses and roughly 150 members at large taking part in the more social activities, family Races and other fun events.

CNSC employs one program director and four coaches who help to deliver most of the racing programs but are also actively involved in the other program delivery. As well the Club has more than 30 volunteer instructors and coaches who are active in the delivery of programs. All CNSC instructors have at least their CANSI Level 1 coaching certificate.

The Club raises funds primarily through membership dues and program fees and through hosting the Canada Day Fun Run. We traditionally have not relied heavily on grants or aggressive fund raising.

The Club is one of the largest members of Cross Country Alberta.