



Canmore Nordic Ski Club

Sickness Policy

Policy No. CNSC 2023-04

Purpose

The purpose of this policy is to protect members of Canmore Nordic Ski Club by minimizing the risk of transmission of illness or infection during Club Events.

Definitions

Member means 'all persons, including athletes, coaches, volunteers and administration with a current membership of the Canmore Nordic Ski Club'

Sick means 'having or developing symptoms that include, but are not limited to sneezing, coughing, runny nose, sore throat, nausea, fever, headache, vomiting/diarrhea, fatigue, pink eye and other ailments that may be infectious'

Club means 'persons of responsibility during a Club Event such as a coach, program leader, coordinator, chaperone, etc.'

Club Event means 'scheduled programming or ad hoc event that can include organized training, meetings, races, travel and fundraising activities that may take place in or away from Canmore'

Member Responsibilities

If a Club Member is sick they shall:

1. Not attend a Club Event;
2. If in a Club program, notify the Club as soon as reasonably possible;

If a Club Member becomes sick during an away Club Event, they shall:

3. be responsible for any additional costs related to isolation or quarantine including separate accommodations, transportation, medical fees plus any additional costs associated with a coach or other adult providing additional support or supervision of a Sick minor.


Club Responsibilities

If a Member athlete is sick during an away Club Event, the Club shall:

1. Immediately notify the parents / guardians;
2. Move the sick athlete to an isolation room (if possible);
3. Coordinate a quarantine plan with the parents / guardians for athletes under 18;
4. Ensure all close contacts are notified and watched for symptoms; and
5. Follow all local health related protocols for the province / country the team is visiting (if applicable).

Note: If the athlete is under 18, a plan will be made with the parents/guardians that may require them to travel to the place of quarantine immediately and remain with the athlete until they can return home. The trip coordinator, chaperone or coaches will not be expected to remain with the quarantined individual past the trip end date unless absolutely necessary. In such situations, any additional costs incurred by the trip coordinator, coach or chaperone who remains with the athlete will be the responsibility of the athlete or their parents or guardians.

Approved on: August 21, 2023



President

Simon Bagshaw

Executive Member